



Afā ko te Gabrielle Fepuali 2023

Ko ni a nā vāega fehoahoani e maua ma e maua mai fea

Ko te laupepa mō fakamatalaga (factsheet) e foki mai ai nā vāega tau fehoehoani kehekehe e maua mō ki lātou kua afaina mai te Afā tēnei ko Gabrielle.

Kafai ko tō ola e ono afaina, ke telefoni ki te 111.

Fehoahoaniga mō ki lātou iē kua afaina i Aukilani

Ko nā fakamatalaga mō ki lātou iē kua afaina i loto o Aukilani e avanoa i te tuātuhi ite vāteatea a te Civil Defence:

<https://www.civildefence.govt.nz/resources/news-and-events/news-and-events/auckland-severe-weather-what-support-is-available-and-where-can-you-get-help/>

Nā Tagata Atunukukehe

Mō nā tino e atunukukehe kae e manakomia ni fehoahoaniga e tatau ke fehokotaki atu ki o lātou Ofiha Mālo (Embassy).

Ko nā fakamatalaga mō ki lātou e mafai ke fehoahoani e maua i te

<https://www.mfat.govt.nz/en/embassies/>

Mō nā tūlihi ki Niuhihila e tatau ke fehokotaki ki te lātou insurer mō felamagakiga kafai ko te lātou malaga kua fakatulave.

Ko nā fale mō nā Tautuaga mō te Puipuiga o Tagata Lauaitale kua tatala uma

Ko nā fale a te Civil Defence e tatala uma mō ki lātou e manakomia ke hifi-kehe fakavave ma kua hē mafai ke nonofo ma o lātou kaiga ma uō. Fakamolemole kukuma mai nā kope tāua e manakomia, e iei ai nā fualakau, kie mafanafana, ma nā mea tau pepe.

Mō he lihi o nā fale a te Civil Defence, ahiahi atu ki te fale o te Civil Defence e lata atu i te lātou tūatuhi i te vāteatea.

Mō ki lātou iē e hē mafai ke auai atu ki nā fale iēnei a te Civil Defence, fakamolemole fehokotaki ki te fakalāpotopotoga a te Civil Defence e lata atu kia te koe ke fakatalatalanoa nā vāega e manakomia e koe.

<https://www.civildefence.govt.nz/find-your-civil-defence-group/>

E mafai ke maua ni fakamanuiaga tau tupe mai te Work and Income

E maua te fehoahoani ma te hapoti kafai koe na afaina i te tau mālohi tēnei.

E lahi nā auala e mafai ai te Work ma te Income ke fehoahoani, ma e mafai ke fakahino atu e mātou te koga ke fano koe kiei fuafua ki ō fakafitauli. E hē manakomia ke i te penefiti koe.

I nā fakafitauli, Work ma te Income e mafai ke fehoahoani atu ki nā mea tau heleni kafai e hē iei hētahi auala ke totogi ai.

Work & Income e mafai ke fehoahoani atu:

- nā fakatupega tau te ola malōlo
- ke maua hō hofa, famalu ma nā vāega iēna
- meakai
- pili eletihe
- fakalelei pe hui nā meāfale
- kua he iei ho totogi ona ai kua hē ke mafaia oi galue.

Work & Income e mafai foki ke fehoahoani atu foki ki nā vāega tau penefiti ma fehoahoani ki te totogiga o te koga e nofo ai koe.

E kehekehe uma ia fakafitauli o tagata, ko nā vāega la e apalai atu kia te koe e fuafua lava ki nā vāega nā afaina ai koe. E ono tatau ke toe totogi e koe te heleni tēnei fuafua lava ki nā vāega e afaina ai koe.

Tūatuhi i te vāteatea: <https://www.workandincome.govt.nz/eligibility/urgent-costs/index.html>

Telefoni ki te 0800 400 100 mō he fehoahoani ki nā vāega tau hene mō nā fakalavelave fakafuaheki mai te 7am–5pm Ahogafua ki te Ahofalaile ma te 8am–5pm Ahotonai.

Te komiuniti mō tagata Māoli/hapoti mō kaukaiga

Ko te fakalāpotopotoga a te Civil Defence e fehokotaki ki nā kaukaiga, ākoga ma nā komiuniti Māoli i nā kogāfenua iē na afaina. Ko tēnei vāega e aofia ai nā fehoahoaniga ki te ahehiga o nā manakoga tatau, tufa tutuha o nā lihoi ki te tautali a nā kau tautua i nā ofiha tau fakafitauli fakafuaheki. Te Puhī Kōkiri ma nā tahi fakalāpotopotoga e fehoahoani foki ki tēnei taumafaiga.

Hapoti mō tagata Pahefika

Ko te Matāeke mō Tagata Pahefika ko te faufautua muamua ia a te Mālo i nā vāega tau polihi ma fehoahoaniga fakapitoa e fakakautū ki te fakalelei atili o nā fakamoemoega mō Tagata Pahefika i Aotearoa. E iei nā hokotaga mākeke ma nā komiuniti a te Pahefika i loto o Niuhila ma e totoka na iloa fakapitoa i nā mālamalama tau Tagata Pahefika, aganuku, ma nā tū e fakatāua ke fehoahoani ai ki te fauga o nā polihi mō tagata lauaitale (public policy), polokaame, ma nā tonu fai i nā i nā tautuaga iē e aofia ai te Pahefika i Aotearoa Niuhila.

Te Matāeke mō Tagata Pahefika e fakauau pea a lātou tautuaga ke fehokotaki ki nā Takitaki o te Pahefika, nā komiuniti, ma nā tautuaga kehekehe ke ao mai ni fakamatalaga.

Kafai e manakomia e koe he fehoahoani fakamolemole imeli ki te imeli contact@mpp.govt.nz pe ahiahi atu ki te tūatuhi ite vāteatea tēnei www.mpp.govt.nz

Nā tautuaga a te Ethnic Communities support

Ko te Matāeke mō nā Atunuku Kehekehe e fakaauau a lātou tautuaga nā fehokotakiga ki nā komiuniti kehekehe uma ke fakamātea ai nā itūkaiga fehoahoaniga e avanoa mō ki lātou.

Ko te Matāeke mō nā Atunuku Kehekehe e fakaauau foki nei a lātou hokotaga ma nā fakalāpotopotoga talafeagai ke fakamautinoa ai nā manakoga patino e fakamaliegia mō nā komiuniti kehekehe ve la ko nā vāega tau gagana, manakoga tau avanoa, koganofa e talafeagai ma a lātaou aganuku, meakai, koga tatalo.

Nā tautuaga mō Tagata e hē Katoatoa te Mālohi

Whaikaha – Matāeke o Tagata e hē Katoatoa te Mālohi kua fakahalalau nā vāega iēnei:

- Kafai e iei ni au vāega tōtino kua afaina, fakamolemole ke fehokotaki ki nā tautuaga tau fakafuaheki i te 111. Kafai e hē lelei te fakalogo pe ko te tautala i te telefoni, taumafai ke fakaogā nā tautuaga i nā meli pukupuku (text) ite numela 111 ke fehokotaki ai ki te Fuimu, Tavale a te Falemai, Ofiha o Leoleo: <https://www.police.govt.nz/111-txt>
- Mō ki lātou e hē katoatoa te mālohi ma nā kaiga, e mafai ke fehokotaki ki te Whakarongorau Aotearoa, New Zealand Telehealth Services kafai e manakomia he fehoahoani i te 0800 111 213, Text 8988. Pe kui atu kiei i te tūatuhi a te New Zealand Relay Service ite www.nzrelay.co.nz.
- Kafai koe e fano ki te fale a te Civil Defence ma he manu tauhi ve ko he maile (tulou), e tatau ke kavatu kafai koe ka fano. Fakamolemole ke manatua nā vāega tāua e manakomia, ve ko nā telefoni, fualakau, kie mafanafana, ma nā vāega tau pepe.

Te malōlo lelei o meaola

Ko au manu tauhi, eo koe lava te tiute ke gafa ma koe. E manakomia koe ke nofo tapena mō nā vāega iēnei kafai e tutupu he fakafitauli fakafuaheki.

- Kafai koe e tatau ke hifi fakavave, kavatu au manu tauhi i tau kau – kafai e kē mafaia oi fakatino i he auala haogalemū – pe kavatu e koe ki he fakamalumu haogalemū.
- Kafai e tatau ke tuku au manu tauhi i te koga e nofo tūmau ai koutou, fakamautinoa ei loto i he koga malu ma e haogalemū i loto pe ko fafo o tō fale.
- Kafai e iei ni au tahi manu tauhi ve ko nā holofanua ma nā māmoe i nā kogāfenua e nonofo tūmau ai, kae e tafapili ki ni vai e ono mafai ke lofia (ve ko he vaitafe, taihala mtm.), fakagaoi kehe atu ki he kogāfenua maualuga.

Mō ni iētahi fakamatalaga, ahiahi atu ki te laupepa mo fakamatalaga a te Matāeke o te Primary Industries (MPI) Nā manu kua afaina i te lolovai ite tūatuhi– www.mpi.govt.nz/animals-in-emergencies

Mō nā popolega ki te ola malōlo lelei o nā manu tauhi

Fakamolemole fehokotaki ki tau CDEM ke lehitala hōhe fakafitauli tau manu tauhi. E totoka te MPI ke tautali atu ki hō he fakafehili i luga o nā laina telefoni ki tēnei matākupu.

<https://www.civildefence.govt.nz/find-your-civil-defence-group/>

Nā tautuaga a nā fōmai manu (veterinary)

Kafai e manakomia e au manu tauhi ni fehoahoaniga mai nā fōmai manu, fehokotaki hako ki te ofiha o tau fōmai manu (vet).

Nā manu fafaga e lahi te fuainumela

Mō nā fakatalohaga ki ni fehoahoaniga tau manu tauhi (e lalahi te fuainumela), nā koga e tauhi ai pe fafaga ai telefoni ki te **Federated Farmers** ite **0800 FARMING (0800 327 646)**

nā vāega tau insurance ma fakatalohaga tau heleni (claim)

Kafai ko tō fale, tavale pe ko hōhe vāega ma koe kua afaina ona ai ko tēnei lolovai, puke ni ata kae ko heki fakagaioi pe fakalelei hōhe vāega ma lipoti fakavave ki tau kamupani insurance. Oi oti ai hau mea e fai ko te fehokotaki ki tau kamupani insurance ma e fakailoa atu e ki lātou pe ko hea ta koe ka fai, pe fakatalohaga foki vefea ma – kafai e avanoa – pe vefea te faiga o te kava a te EQ mai te Toka Tū Ake EQC.

Kafai e kē manakomia ke haogalemū tō maota, nā vāega tau tūmāmā, haogalemū ma totoka i hōhe tau (weather tight), fakamolemole lekoti nā galuega kua fakatino, puke ni ata ko heki faia ai ni gaioioiga ma toe puke ni tahi ata kafai kua uma nā gaioioiga, tauhi nā kopi o nā pili e kē togia.

Kafai e hē iei hau insurance mō tō maota kae e iei ni vāega o au meāfale e insured, talanoa ki tau insurer pe ko nia tonu nā vāega e kava i lalo o tēna peleni. Fakamautinoa e lahi ni au ata e tapuke ma tauhi lelei nā lekoti kae ko heki kē togia ni mea ki te lapihi.

Fautuaga maua fua ma tutokatahi e avanoa i te [Residential Advisory Service](#) (RAS) i loto o te MBIE e iei ana fehoahoaniga ki nā vāega tau kia teki lātou kua iei ni fale-mokehi iē e hakilikili ni a lātou fakatalohaga tau insurance ke fakamāmā ai nā afainaga tau hene na mafua ona ai ko tēnei fakafitauli. E mafai ke fehokotaki ki te tūatuhi ite vāteatea info@advisory.org.nz pe vili ki te 0800 777 299, 03 379 7027 mō ni tahi fakamatalaga.

EQCover e maua foki mō tēnei fakafitauli

EQCover e maua ai nā fehoahoani iēnei:

- Afainaga o te Kelekele hoholo, EQCover e avanoa ke fehoahoani ki nā afainaga ki te fale ma te kelekele.
 - Kafai te fale na afaina ona ai ko te kelekele hoholo, e maua te heleni ke kava tau atu ki te (\$150k pe \$300k, fuafua ki te aho e fakafou ai te polihi)
 - heleni ke kava ai nā mea e tatau ke fakalelei pe fakafou ai nā fenua e fakatū ai nā falekaiga, ki he lahi e tuha mō te tau e tatau ke iei (value) o te fenua e insured.
- Nā afaina tau lolovai ma nā afā, EQCover e fehoahoani oi oti ki nā fenua kua insured, kae ko nā insurers fakalotoifale e maua oi oti ai te kava insure mō nā fale.
 - kavekehega o nā vāega kehekehe tau lapihi ona ai ko te lolovai ve ko te kelekele ma nā lakau pakukū.

Ko nā fakatalohaga tau fenua e mafai ke lahi he taimi e fakatotoka ai, e tāua lahi la te fehokotaki i te va o ki lātou kua afaina ma a lātou kamupani insurance. Fakamatalaga e aogā mō ki lātou e iei nā falemokehi e maua i tē tuātuhi i lalo:

Taki lauaitete

- [Householders' Guide to EQCover](#) – kikilaga lauaitale o nā vāega tau EQCover pe vefea foki te fefaiakiga, nā vāega e aofia ma nā vāega e hē aofia ai, ma vefea ona fakatalohaga ma fakatotoka he kava.
- [Householders' Guide to Residential Land](#) – kikila lauaitale o te EQCover ma vefea te fefaiakiga mō ki lātou ie kua inihua (insured) nā fenua e fakatu ai o lātou fale, nā vāega e kava ma nā vāega e hē kava.

Taki patino (e mafai nā vāega iēnei ke tufatufa fakapepa, kafai e manakomia)

- [Land Cover – Storms and Floods](#) laupepa mo ni fakamatalaga hako– pe vefea o na fakatino te EQCover mō nā afainaga tau māfuiē pe ko te lolovai i nā kogāfenua iē e patino mō nā falekaiga kua insured(residential land)
- [EQCover – Land claims](#) laupepa mō ni fakamatalaga hako – hitepu e iei ai ke fakatino he EQCover i nā fakatalohaga tau fenua, nā tino e aofia ma e vefea ona galue he tau ke taki ai nā fakatalohaga iēnei.

Fakamatalaga mō ki lātou e totogi rent ma ki lātou eo lātou tōtino nā fale rent

Kafai ko koe e totogi rent pe kafai eo koe te faletōtino (e kē maua te rent) e ke maua na fakamatalaga ki ō aia-tatau ma nā vāega e tatau ke kē amanakia i te www.tenancy.govt.nz pe telefoni ki te 0800 TENANCY (0800 836 262).

Ākoga ma nā maota o nā ākoga kāmata

Ko nā taki pe ni fehoahoaniga agai ki tēnei fakafitauli o te tau mālohi e avanoa i te tuātuhi ite vāteatea a te Matāeke o Ākoakoga ma e fakafou pea lava fuafua ki nā huiga e iei ai, fakamolemole ke hiaki tēnei laupepa i te vāteatea mō nā fakamatalaga fou: [Severe weather event advice and guidance – Education in New Zealand](#).

E fakamalohilohi atu e mātou koulua mātua ma ki lātou e taukikila ki ni fanau ke hiaki ki nā ākoga o aulua fanau pe ko nā tautuaga tau ākoga kāmata pe na afaina ki lātou i te lolovai pe e peleni foki ki lātou ke tatala afea. Ko te Matāeke o Ākoga e fehoahoani ki ākoga uma ma nā tautuaga tau ākoga kāmata ke hapoti ai ki a lātou taumafaiga ke toe fakalelei nā vāega kua afaina (recovery efforts).

Na Tautuaga a te Healthcare

Ko nā tautuaga tau te ola malōlo a te Healthcare e fakauau mō ki lātou e manakomia.

Nā falemai, e iei ai ma nā matāeke mō nā fakalavelave fakafuaheki (emergency department) e tatala lava. Kafai ko koe e hē mālohi ma e manakomia he fehoahoani fakafuaheki tau te ola malōlo, **fakamolemole vili ki te 111**.

Mō nā fakalavelave iē e hē fakafuaheki, e mafai hō he tino ke fakauau te hokotaga kui atu i te telefoni ki tau fōmai ite taimi e manakomia ai. Ko nā laina telefoni e taukikila ite 24 itula, kui hako atu pe kui ki he fōmai tiute i tua atu o nā itula galue. Ko te tokalahiga o nā fōmai iē e mahani tatala i nā uikeni (weekend) kua toe tatala a lātou tautuaga mahani.

Mō nā fakafehili fakavave, kae hē lahi he afainaga, tau te ola malōlo kafai tau fōmai e hē avanoa, fehokotaki ki te fale mō nā fakalavelave he makalofia pe kō na lālā o te ola malōlo. E iei he lihi o nā

vāega iēnei e maua i te [Healthpoint](#) Ko te fale talavai a te komiuniti e mafai ke fehoahoani atu kafai e hē iei hau pepa fualakau mahani. E iei he lihi o nā fale talavai iēnei e maua i te [Healthpoint](#)

Mō hō he fautuaga tau ola malōlo, pe kafai e hē kē mautinoa pe ko koe e fano ki fea mō he fehoahoaniga, telefoni ki te Laina a te Ola Malōlo ite numela 0800 611 116.

Mō he fehoahoaniga tau te fita faka-te-maufaufau, popole pe ko te ola malōlo lelei, telefoni pe meli pukupuku (text) ki te Need to Talk? ite 1737 ke talatalanoa koe ki he tino fakapitoa mō nā vāega iēnei (counsellor) e hē totohia te pili telefoni, e avanoa 24 itula ite aho, 7 aho o te vaiaho. E mafai foki hōhe tino ke fehokotaki ki o lātou fōmai mahani mō he fehoahoani.

Fakamolemole fakaeteete ma kikila totoka kafai koe e laga malaga ona e ono iei ni auala koi tapuni; hiaki muamua ke fakamautinoa tō auala mahani e matala ma, e haogalemū ke fakaogā.

Ola Malōlo Lelei

Ko nā fakamatalaga iēnei e fehoahoani atu foki ki te taukikilaga o tō ola malōlo lelei.

Te tāua o te taumafai ke lava te moe i nā taimi faigatā iēnei

- Ni fehoahoaniga lelei e maua i kinei: <https://www.healthnavigator.org.nz/healthy-living/sleep/sleep-tips/> (ko he tuātuhi fakamua i te vāteatea mō nā vāega tau te ola malōlo ma kua aloakia e te DHB)

Te tāua o te fakamatala fakalelei ki tamaiti nā fakafitauli iēnei kua molimau e ki lātou – talatalanoa kiei ma fakalogo fakalelei kiei

- Ni fehoahoaniga lelei e maua i kinei: <https://www.kidshealth.org.nz/coping-natural-disaster>

Ola Malōlo lelei tau te mafaufau ma ona vāega kehekehe

- a. Te fitā o te mafaufau (anxiety) he vāega mahani lava e fakafeagai ma te tagata i nā fakafitauli fakafuaheki faka-te-natula ve ko te lolovai vēna ma te tataua loa ke hifi-fakavave (evacuate). Ko he tautali mahani lava tēna agai ki nā fakafitauli fakatigā vēnei. Ko te talatalanoa ki nā tino ma hapoti ki nā tahi tino e fehoahoani ma aogā lele.
- b. Kafai e manakomia ni iētahi fehoahoaniga mō koe pe mō ni tahi tino:
 - a. telefoni ki tau falemai mahani, nā fōmai iē e galulue i tua atu o nā itula galue pe ko te Healthline i te 0800 611 116
 - b. e hē totohia te telefoni pe ko te meli pukupuku (text) ki te 1737 ke talanoa ai koe ki he Faufautua Fakapitoa (Counsellor)
 - c. i he fakalavelave fakafuaheki, telefoni ki te 111

Fakamamāga o te kogāfenua kafai kua uma te lolovai

E tāua lahi lele ke fakamamā ma fakamamago lelei tō maota ma nā mea uma i loto. Ko nā vai mafua māi i te lolovai e ono iei ni vai e opotia ki nā vai mai nā tukutua ma nā tahi vāega fakapokepoke iē e mafai ke pepehi ai he hiama i tō maota.

- Kafai ko tau mita-keehi nā afaina mai i nā vai pe ko ni lakau tafea, fehokotaki ki te kamupani te e hapalaia tau keehi.

- Ke fakamautinoa e haogalemū nā gaoioiga kafai kua uma te lolovaia ite taimi e fakamamā ai to maota kui i nā auāla ve ko te; fai o nā kie puipui ma fufulu lelei nā lima kafia kua uma te tūmamā ma ko heki tago ki nā meakai.
- Fakamamao kehe nā manu fafaga mai nā koga nā lolovaia, heiloga kua uma te fakamamā fakalelei ma kua haogalemū.
- Tapuke ni ata ma ni vitio o hōhe mea nā afaina ma hōhe mea e tatau ke kavekehe kae ko heki kamata te faka-mamā, mō nā vāega tau inihua (insurance).
- Fakamamā, fakafano nā vai, ma fakamamago fakavave ia loto o tō maota. Kave ki fafo nā mea uma iē kua hihui ma e mafai ke fakagaoi – hō ni vāega e kava ai te foloa, nā meāfale ve ko nā nofoa, nā famalū, kie, mtm., ma kave foki ki fafo ke fakamamago kafai kua feoloolo te tau.
- Tiaki uma hō he meakai ma ni vai iē kua pa kiei te lolovai, e iei ai nā mea e teu i nā containers.
- Na hē faia ni au fātoaga kafai te kelekele na lolovaia. Teu, fakamamā ma kavekehe nā lakau tatitia holo ma togi ni hua-tipolo (lime) ki nā fātoaga.